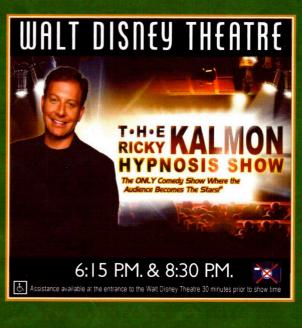
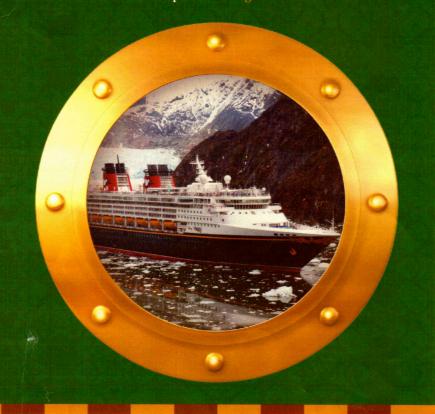


PERSONAL NAVIGATOR

TRACY ARM: WEDNESDAY, AUGUST 8, 2012 Sunrise: 5:23 a.m. Sunset: 8:55 p.m. Evening Attire: Cruise Casual





SEA WHAT'S AFLOAT

Tracy Arm Fjord is located in the Inside Passage approximately 45 miles south of Juneau. Cruise ships wind their way through the fjord which is located in the Tongass National Forest. The surrounding mountains are approximately 7,000 feet high and numerous waterfalls, created by melting snowcaps, can be seen along the route. The Twin Sawyer Glaciers,

North Sawyer and South Sawyer, are located at the end of Tracy Arm. Wildlife is abundant and native animals include but are not limited to whales, sea lions, bald eagles,

black bears, and mountain goats.

Due to the microscopic sediment or glacial flour, the water is a glacial blue.

PRESERVING QUIET

Disney Cruise Line recognizes the importance of quiet and solitude to preserve wilderness values and marine ecology, and will minimize vessel announcements, Funnel Vision audio and music on the open deck while we are in our ports of call and sailing through Tracy Arm. Narration is at maximum levels permitted by local regulations and may seem quiet. Narration will also be broadcast on channel 251.



Acupuncture

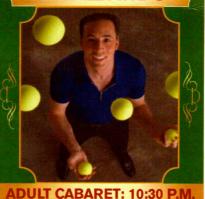
Acupuncture is effective in the treatment of over 100 conditions. Guests enjoy this popular service for any type of pain including back/neck/knee/ feet, sciatica, arthritis, sea sickness, headaches, stress, digestive disorders, anxiety, addictions, and even weight loss. You are invited to schedule a complimentary consultation to see how Acupuncture will help you. Enjoy
your cruise and beyond with this time-tested medicine.
Please call 7-1465 to start feeling better today.



Join Top Dollar Tina and the Bingo team, and take home \$5,000 in the fourth game if you can cover your card in 46 numbers or less! This is a one-time-only event which you simply can't afford to miss!

Twin Sawyer (Alcoholic) Glacier Espresso (Non Alcoholic)





THE COMEDY & JUGGLING OF

CHARLES PEACHOCK

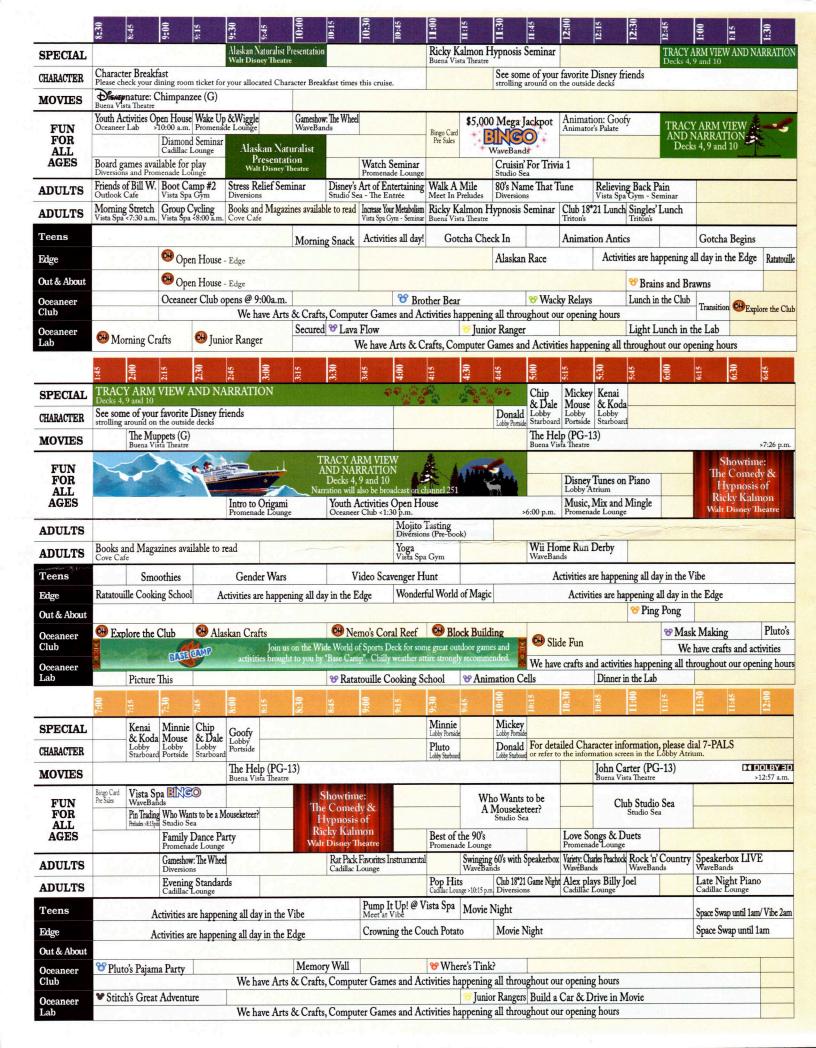


THEME NIGHT: 11:00 P.M. **ROCK 'N' COUNTRY**

EATURING A SPECIAL PERFORMANCE BY THE WALT DISNEY THEATRE DANCERS IMPORTANT NUMBERS

7-3001 Fire / Security Medical EMERGENCY 7-3000 Health Center 7-1923

DINNER Animator's Palate: Show Dinner Parrot Cay: Taste of Alaska Triton's: French Dinner



YOUTH ACTIVITIES

	HOURS OF	OPERATION			PHONE
Flounder's Reef Nursery			9:00 a.m	11:00 p.m.	7-18500
	Oceaneer Club	Secured Program	9:00 a.m	1:15 p.m.	7-1440
		Open House	1:15p.m	6:00 p.m.	7-1440
		Secured Program	6:00 p.m	12:00 a.m.	7-1440
	Oceaneer Lab	Open House	8:30a.m	10:00 a.m.	7-1445
		Secured Program	10:00 a.m	12:00 a.m	7-1445
	Edge		9:00 a.m	1:00 a.m.	7-5810
	Vibe		10:00 a.m	2:00 a.m.	7-1456









YOUTH ACTIVITIES OPEN HOUSE

Nemo's Coral Reef Adventure at 3:30 p.m. - Explore beneath the ocean waves on an undersea puppet adventure with everyone's favorite fish,



CLUBHOUSE SERIES

Where's Tink? at 9:30 p.m.. - Tinkerbell is hiding and we need your help to follow clues around Captain Hook's ship to find her.



STORYBOOK SERIES

Pluto's Pajama Party at 6:45 p.m. - A good old pajama party. Play games, sing songs, color your own pillowcase, dance & much more.



Wacky Relays at 11:45 a.m. - Fun in the Oceaneer Club as you show off your wacky skills in some of the wackiest relay races at sea



CREATE & INVENT SERIES

Ratatouille Cooking School at 3:30 p.m. - Join our Ratatouille Cooking School for baking fun! Make new friends and bake your own Chocolate Chip Cookies!



IN THE SPOTLIGHT SERIES

Junior Ranger at 11:15 a.m. & 9:45 p.m.- Come learn about the exciting nature and wildlife Alaska has to offer, and how you can be a Junior Ranger.



SOLVE IT SERIES

Stitch's Great Adventure at 7:00 p.m.-Stitch needs your help in trying to capture ten of his lost experiments before they cause all kinds of problems on the ship!



OUT AND ABOUT SERIES - Recommended for ages 8-14.

Ping Pong at 5:45p.m. - Come test your ping pong skills.

YOUTH ACTIVITIES OPEN HOUSE

Open House today is in the Oceaneer Lab from 8:30 a.m. until 10:00 a.m. and in the Oceaneer Club from 1:15p.m. until 6:00p.m. It is an opportunity for all to come and participate in a variety of exciting activities and free time.

BASE CAMP

Come and enjoythe beautiful scenery on the Sports Deck while participating in fun activities with your Youth Activities team. This will be secured programming for the Oceaneer Club and Lab from 1:30p.m. to 5:00p.m., weather permitting.



ACTIVITIES FOR 11-14 YEAR OLDS

Deck 2 Midship (7-5810)

RATATOUILLE COOKING SCHOOL@ 1:30P.M.

Join our Ratatouille Cooking School for baking fun! Make new friends and bake your own Chocolate Chip Cookies!



ACTIVITIES FOR 14-17 YEAR OLDS Deck 11 Midship (7-1456)

FUN FOR ALL AGES

ANIMATION CLASS: GOOFY

12:00 p.m. Animator's Palate

Your Cruise Staff teaches you how to draw some of your favorite Disney friends: today it's Goofy!

JUMARI AND GABRIELLE

5:15, 7:30, 9:30 & 10:30 p.m. Promenade Lounge

Join Jumari and Gabrielle for the best in melodic and acoustic tunes including a special "Love Songs & Duets" set at 10:30 p.m.

VISTA SPA BINGO

7:00 p.m. WaveBands

Join Top Dollar Tina and your Cruise Staff team for four cash prize games, plus treatments from the Vista Spa to be raffled off.

WHO WANTS TO BE A MOUSEKETEER?

7:30 & 9:45 p.m. Studio Sea

Your chance to get in to the hot seat in our own version of this popular T.V. gameshow.

ALASKAN NATURALIST PRESENTATION

ICEFIELDS AND GLACIERS IN SOUTHEAST ALASKA

9:30 a.m. Walt Disney Theatre

Ice has been an integral part of life in Alaska for thousands of years. Doug Jones will describe the formation, power and endurance of glacial ice and what you will see as you enter Tracy Arm.



CHARACTER APPEARANCES

BROTHER BEAR

Join Kenai and Koda in the Lobby Atrium, Starboard side this evening at 5:30 and 7:15 p.m.

See your favorite Disney friends in their Alaskan finest tonight in the Lobby Atrium from 5:00, 7:15 & 9:30 p.m.



ADULT EXCLUSIVE ENTERTAIN

BEVERAGE TASTINGS AND SEMINARS

(Pre-book at Guest Services, Nominal fee)

Savor and enjoy our special tastings and seminars.

Mojito Tasting 4:00 p.m. Diversions

Whiskey Tasting 10:30 p.m. Cove Café

DISNEY'S ART OF ENTERTAINING - THE ENTREE

10:15 a.m. Studio Sea

Today we show you how to prepare Pan Seared Alaskan Salmon. Join us for an entertaining look at preparing this local specialty. Recipes and tastings included.

RICKY KALMON'S HYPNOSIS SEMINAR

11:00 a.m. Buena Vista Theatre

Lose weight and reduce stress on autopilot! Join professional hypnotist Ricky Kalmon for this special seminar.

80'S NAME THAT TUNE

11:30 a.m. Diversions

Join your Club Host, Daniel, as he tests your knowledge of the decade of big hair and big tunes.

PIANO AND VOCAL FAVORITES

7:30, 9:30, 10:30 & 11:30 p.m. Cadillac Lounge

Join Alex James in the Cadillac Lounge for inspired performances, featuring special sets entitled "Pop Hits" at 9:30 p.m. and "Alex plays Billy Joel" at 10:30 p.m.

CLUB 18*21 GAME NIGHT

10:00 p.m. Diversions

Meet other 18-21 year olds, play some games and share some laughs.

ROCK 'N' COUNTRY

11:00 p.m. WaveBands

Join your Cruise Staff as we round up the greatest classic rock and urban country hits. The party starts with a "boot stompin" dance performance featuring the Walt Disney Theatre Performers.



SPACE SWAP @ 11:30 P.M.

Its your one time to take over the Edge and enjoy their space.

MORE TO ENJOY WHILE ONBOAR

VISTA GALLERY

Come and see our unique Disney Artwork today from 12:30 p.m. to 4:00 p.m. and 6:00 p.m. to 9:00 p.m. in the Vista Gallery on Deck 4, Midship. See your Gallery Host for further information.

\$0.75 per minute or save money by buying blocks of time. \$55 for 100 minutes, \$100 for 250 minutes and \$150 for 500 minutes. Wireless information sheets are available at Guest Services, Deck 3, Midship. Due to the technology involved and satellite connectivity, the onboard internet service will be noticeably slower than you may be accustomed to and may at times be interrupted or unavailable.

ONBOARD AIRLINE CHECK IN

Stop by Guest Services before 11:00 p.m. on Friday to see if you are eligible for Onboard Airline Check In.

WHITNEY'S WATCH SEMINAR

Alaska is one of the top destinations in the world to buy a watch! Get educated by your Shopping Guide, Whitney, on what to look for to find the perfect watch for you and why the duty free prices in Alaska are unbeatable. If you've always wanted a Swiss watch, this is the place! 10:30 a.m. in the Promenade Lounge.



Photographers available on decks for Tracy Arm photos today (weather permitting). Formal portraits on display at Shutters, Deck 4, Aft.

PLAN YOUR NEXT CRUISE

Book your next cruise today and you'll save 10%, receive up to a \$200 onboard credit, and pay a reduced deposit! Visit the Future Cruise Sales desk located Deck 4, Midship, or call 7-2848.

FIND YOUR VACATION PARADISE

Learn how to experience the comforts of home during your next vacation. Come visit the Disney Vacation Club Desk on Deck 4, Midship, to discover the secret.

SALON SAMPLER SPECIAL

Enjoy the beautiful glaciers from our luxurious salon. Frangipani Scalp Massage, Neck & Shoulder Massage, Foot & Ankle Massage, Hand & Arm Massage. All for ONLY \$109. Call 7-1465 to book.

VISTA SPA

OPERATING HOURS

Disney's Vacation Club	9:00 A.M 11:00 A.M.	Port Adventures Desk
	5:00 P.M 10:00 P.M.	
Future Sales Desk	9:30 P.M 12:30 P.M.	Port & Shopping Desk
	5:00 P.M 6:00 P.M.	Preludes (SNACKS)
	7:30 P.M 8:30 P.M.	Quarter Masters
	9:00 P.M 10:00 P.M.	Quiet Cove Pool
Goofy's Pool	8:00 A.M 12:00 MID	Shutters
Guest Services	24 HOURS	Treasure Ketch
Health Center	9:30 A.M 11:00 A.M.	Radar Trap
	4:30 P.M 7:00 P.M.	Vista Gallery
Mickey's Mates	9:00 A.M 10:30 P.M.	
Mickey's Pool	8:00 A.M 10:00 P.M.	Vista Spa Fitness Cente
Mickey's Splash Zone	10:00 A.M 8:00 P.M.	Vista Spa and Salon
	1 100	~ ~

6:30 A.M. - 8:30 A.M.

7:00 A.M. - 10:30 A.M.

7:30 A.M. - 9:30 A.M.

12:00 P.M. - 2:00 P.M. 11:00 A.M. - 7:00 P.M.

11:00 A.M. - 6:00 P.M.

11:00 A.M. - 6:00 P.M.

12:00 P.M. - 1:30 P.M.

5:45 P.M. & 8:15 P.M.

5:45 P.M. & 8:15 P.M.

5:45 P.M. & 8:15 P.M.

6:30 P.M. - 8:30 P.M.

6:00 P.M. - 9:30 P.M.

ADDED FEATURES

Beverage Station	24 HOURS		
Room Service	24 HOURS		

9:00 A.M. - 1:00 P.M.

OPEN DURING SHOWTMES

10:00 A.M. - 11:00 P.M.

9:00 A.M. - 10:30 P.M.

6:00 P.M. - 10:30 P.M. 12:30 PM. - 4:00 PM.

6:00 PM. - 9:00 PM. 6:00 A.M. - 10:00 P.M.

8:00 A.M. - 10:00 P.M.

6:30 A.M. - 12:00 MID

6:30 A.M. - 12:00 MID

0.30 VM - 15.00 MID

OPEN DURING SCHEDULED EVENTS

8:30 P.M. 7:30 P.M. - 8:30 P.M.

24 HOURS 6:00 A.M. - 12:00 MID

7:00 P.M. -

Bar Hours

Bars are solely for adults 18 and older, except during scheduled family events. Adults must be 21 and older to consume alcoholic beverages.

ON DECK Cove Café

Pinocchio's Rar

Outlook Café & Wine Bar

FIIIOCCIIIO 3 Dai	9.30 A.IVI. 12.00 IVIID
Pluto's Dog House Bar	11:00 A.M 6:00 P.M.
Signals Bar	10:00 A.M 7:00 P.M
LOUNGES	
Diversions	10:00 A.M 12:00 MID
Preludes	OPEN DURING SHOWTMES
Promenade Lounge	7:30 A.M 12:00 MID

ROUTE 66

Studio Sea

18 and older after 9:00 p.m. Cadillac Lounge (GUESTS 18 & OLDER) 5:30 P.M. - 12:00 MID WaveBands Bar OPEN DURING SCHEDULED EVENTS OPEN TILL 1:30 A.M



Our Port Adventures desk is open to plan your day in Skagway for tomorrow. Choose the White Pass Scenic Railway as it climbs nearly 3,000 feet over 20 miles of steep grades and cliff-hanging turn, explore the beautiful scenery on one of our many hiking port adventures or get ready for an intimate Rib Boating Adventure through the Lynn Canal on our Ocean Raft Nature Adventure. See you at our desk on Deck 3, Midship.

SHOPPING





Sophia Fiori Seminar

Come to learn about history of Diamonds from Sophia Fiori Collection at 9:00am in the Cadillac Lounge, Deck 3 Forward and have a chance to win a piece of Treasure to take home.

Gold by the Inch

Create the perfect necklace, bracelet or anklet... It's as easy at 1, 2, 3! First, choose a chain from our selection of Sterling Silver plated or 18k Gold plated. Second, measure the length of chain you desire. Third, we add the clasp and your custom-made jewelry is ready to wear! Available in Treasure Ketch, Deck 4 Midship



What's Your Vintage?

Check out our selection of Fossil merchandise. Everything from watches to bags and accessories at duty free prices! Available in Treasure Ketch.

Tax and duty free shopping right here on board. A great range of jewelry, fragrance and liquor all at competitive prices is available in Radar Trap and Treasure Ketch. Buy on board and we will package it safely for your journey

LATE NIGHT SNACKS

Diversions (Adults)	11:00 P.M.	- 12:00 MID
Promenade Lounge (Family)	11:00 P.M.	- 12:00 MID
Goofy's Galley (Ice Cream)	7:00 P.M.	- 11:00 P.M.
Pinocchio's Pizzeria	9:30 P.M.	- 12:00 MID

IMPORTANT INFORMATION

Dining Hours

BREAKFAST

Beach Blanket Buffet

Beach Blanket Buffet

Pinocchio's Pizzeria

Pluto's Dog House

DINNER

Tritons*

Parrot Cay

Animator's Palate

Beach Blanket (CASUAL DINING)

* Pre-arranged seating assignments

Pluto's Dog House

Goofy's Galley

LUNCH

Goofy's Galley

its safety.

Consumers who order raw or partially cooked ready-to-eat food of animal origin, are hereby informed

that the food is not sufficiently cooked to ensure

Security Notice

All Guests (including Children) who wish to disembark or embark the ship are required to present their Key to the World card at the gangw A photo ID is also required for those Guests who are 18 years of age or older. Guests under the age of 18 are required to have a Parent, Guardian or other responsible adult sign an authorization form at the time it is given out if they wish to go ashore unaccompanied. Authorization forms are available at the gangways and Guest Services

Cold and Flu Reminder

wash hands frequently and thoroughly larly before meals. Contact the Health Center by dialing 7-1923, should anyone in your

Corridor Quiet Hours

As a courtesy to all our Guests, please recognize quiet hallway hours from 10:00 p.m. til 8:00 a.m.

Inclement Weather

changed due to unforeseen weather condition

Environmental Message

With Disney's commitment to the Environmer please refrain from throwing anything over the Ship's side. Thank you.

No Reserved Seats Policy

a courtesy to all Guests we kindly advise that th ing of seats is not permitted in the Walt Disney Theatre, and the saving of the sun loungers is not permitted on Deck 9 and 10. Items left unattended will be returned to lost and found at Guest Services Deck 3 Midship.

For the comfort of our guests the following areas are designated as Smoking areas: Open decks on the Starboard Side (excluding Mickey Pool area). Smoking is not permitted on Deck 4, Starboard from 6:00am to 6:00pm. Smoking is prohibited in all guest staterooms. Guests found smoking in their staterooms will be charged a \$250 stateroom recovery fee

e to the technology involved and satellite connectivity, the toard internet service will be noticeably slower than you may be accustomed to and may at times be interrupted or u

Walt Disney Theatre

neatrical performances may use artificial fog, tobe lights, pyrotechnics and other special effects For the safety of our performers and the comfort of those around you, photography and video recording is strictly prohibited.

Please do not leave any combustible materia your balcony when not present in your state