



HELSINKI PORT SHOPPING MAP



In Case Of Emergency:

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Don't Forget Your:

- Port Shopping Map
- Photo ID & Key to the World Card
- Cash and/or Credit Cards

Port Adventures:

- Check your ticket for the correct meeting time and location for your tour. Your Port Adventures Team will direct you to transportation.



Travel Safety Tips

As in any tourist destination, you will want to take some basic precautions to make the most of your time ashore.

- Be aware of your surroundings, especially in crowded areas.
- Avoid wandering from the main shopping and tourist areas into unfamiliar territory. If venturing out independently, have a plan, use only licensed taxi operators.
- Leave your valuables in your stateroom safe and avoid carrying large amounts of cash. Exercise caution when using ATMs.
- Cameras and handbags should be carried close to your body or concealed out of sight. People who carry handbags or backpacks are particularly vulnerable to purse snatchers on scooters.
- In general, use the same level of precaution you would use in any tourist destination.

Please remember that while in a foreign country, you are subject to its laws.



HELSINKI OVERVIEW

During the age of the Vikings the Finns became exposed to both eastern and western influences. Vikings from Sweden used the Åland Islands (colonized by Swedes in the 6th century) as a base for their journeys of pillage and trade into Russia as far south as the Black Sea. Although they did not actually participate in these Viking expeditions, the Finns benefited by the growing contact and the establishment of trading colonies in their country by merchants from Sweden and Gotland. At the end of the 11th century three Finnish tribes had spread as far north as the 62nd parallel: the Finns proper in the southwest, the Tavastians in the interior lake district, and the Karelians to the east. Saami were also living in the wilderness to the north.

Capital by the sea is a metropolis with human dimensions, offering lots to see and experience. Getting around Helsinki is easy as everything is within easy reach and streets are safe. This is no coincidence, as Helsinki's cultural offerings are known for their quality and exuberance.

The Finns' passion for the outdoors play a large role in their national delicacies. From wild game to fresh fish and succulent berries, they rely on their environment for their favorite dishes. Seafood and produce are harvested daily and are readily available in the colorful market displays across the country. The Finns are also celebrated for their breads, particularly rye and sweet-sour, and nothing compares to their sumptuous desserts of pastries and exotic fresh berries, like the heavenly cloudberry.

Helsinki is also called "the Daughter of the Baltic" or "the White City of the North." Leaving the pier passing the icebreakers along the coastal road you will continue to the Senate Square with the elegant Lutheran Cathedral. You

will see and visit such sites as Mannerheim Street, which is the main street through the city, where you can see the Parliament House, The National Museum and the Finlandia Hall which is the concert and convention center designed by the famous architect Alvar Aalto. You will continue to the Olympic Stadium where the Olympic Games were held in 1952 and pass the Opera house completed in 1993.

Capital: Helsinki

Location: Southern Finland, on the shore of the Gulf of Finland, by the Baltic Sea

Taxi: Taxis are available.

Currency: The local currency is the Euro.

Language: Finnish and Swedish

Population: 560,000

Banking: Banks are open weekdays from 9:15am to 4:15pm. ATMs are available at every bank and hotel and throughout the city.

Post Office: The main post office is open Monday - Friday, 10am-7pm