

# Welcourse to Bergen

Cateway to the Foods

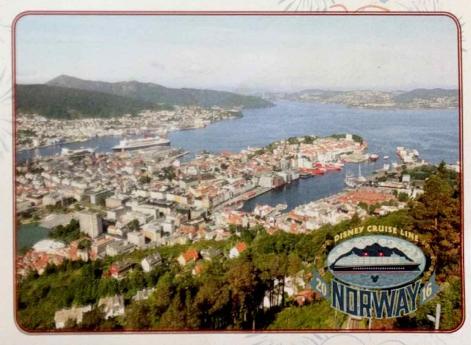
Air international city alive with history and tradition, Bergen offers visitors a big city with small-town charm. Founded on an old Wiking settlement in 1070; Bergen has been a favorite of travelers for more than 900 years. And for good reason. The old Hanseatic wharf of Bryggen and the silhouette of its ancient gables are perhaps the most familiar images in all of Norway, It has certainly carned Bryggen the position as a symbol of the cultural heritage of Bergen and a place on UNESCO's World Heritage List.

The meander through Bryggen's narrow alleyways are made even darker and more mysterious by overhanging balconies, evoking images of a cityuntouched by the passage of centuries. Although introduce of Bryggen's buildings are preserved and protected they are not a museum, but spectacular examples of wooden retinecture that shielter a living community of shops and offices; artists' audios, crafts people's workshops and restaurants.

And then of course there are the Fords. Voted the world's most unspoiled course destination by National Geographic and also included on UNESCO's World Heritage List, Bergen is a great tarting point for this spectacular landscape. A mixture of old and new colorful architecture and just as colorful landscapes offer an extraordinary trip though time and unspoiled nature.

### GOING ASHORE?

Photo ID and Key To The World Card are required for each individual going ashore, including minors.



DORT DVENTURES

Check your port adventures tickets for your tour meeting time and location. Stop by the Port Adventures Desk located on Deck 3, Midship for tour availability and information, where our team will be delighted to help you plan your vacation.



Animator's Palare: Proceeding the Night Away Carinests: Proceeding the Night Away Lannestes: Proceeding the Night Away

DRINK OF THE DAY

Celebration (Alcoholic) Red, White and Blue (Non-Alcoholic) IMPORTANT NUMBERS

Fire/Security: 7-3001 Medical Emergency: 7-3000 Health Center: 7-1923

# ADULT ACTIVITY HIGHLIGHTS

SENSES SPA FITNESS CLASSES & SEMINARS

- Senses Spa Fitness Center - 7:00 am

Senses Spa Fitness Center - 7:30 am

Party Script Best Camp (Nom. Fee) - Senses Spa Fitness Center - 8:00 am Party and In Juga - Senses Spa Fitness Center - 11:00 am Party Earn Pulates - Senses Spa Fitness Center - 4:00 pm

Complementary Footprint Analysis - Senses Spa Fitness Center - 5:00 pm

TASTING CLASSES

(18+) - Keys - 4:00 pm (18+) - Cove Cafe - 10:30 pm

Please make reservations for tastings at Guest Services for a nominal fee. Tasting Seminars are only for Guests 18 and older.



1820 SOCIETY: XBOX DISNEY FANTASIA: MUSIC EVOLVED

O'Gills Pub, Deck 3, Forward - 5:15 pm

Introducing a completely new way to play with music! Create your very own version of some of the world's best-known songs or steal the spotlight in head-to-head multiplayer action!



Wills Pull, Deck 3, Forward - 4:15 pm

Join us as we test your knowledge against your fellow Guests at our Pub Quiz challenge



attrams, Deck 3, Forward - 10:15 pm

Have you been told you are full of useless information about pop culture? If the answer is "Yes", then you have what it takes to play the high energy game show all about the world of Pop!



Hathoms, Deck 3: Forward - 10:45 pm The 80's are back! Join your Cruise Staff team, in testing your 80's knowledge in this high energy 80's revival.



# CLUB FROZEN THE AFTER-PARTY

After the fun ends on deck, head to this cool adult-exclusive party with a special appearance by The Walt Disney Theatre Dancers.



# tan tob arr ages highrights



### GOOD MORNING DISNEY MAGIC

Tune in to channel 24-2 as your Cruise Director highlights the upcoming events and activities for the day.



# FAMILY MOVIE FUN TIME: FINDING DORY - (PG)

Come join us for a special opportunity to enjoy Finding Dory in the Buena Vista Theatre. We will leave some lights on and turn the volume down as audience members are welcome to talk, leave their seats, move about and (most importantly) have fun!

## PICTIONARY CHALLENGE

Promenade Lounge, Deck 3, Aft - 12:45 pm
Join your Cruise Staff for this exciting game of fast draw.

## DISNEY CHARADES

O'Gills Pub, Deck 3, Forward - 1:45 pm

Join your Cruise Staff as they put your acting skills to the test in this hilarious guessing game.

# CRAFTS: CREATE AN ORNAMENT

Promenade Lounge, Deck 3, Aft - 2:30 pm Join your Cruise Staff and make some Ornaments.

### CRUISIN' FOR TRIVIA

Promenade Lounge, Deck 3, Aft - 3:15 pm
Navigate your way through a round of questions testing your general knowledge.



# MEGA RAFFLE JACKPOT BINGO

Bingo Pre-Sales start at 4:15 pm Fathoms, Deck 3, Forward - 4:30 p Four cash prizes and fun, Disney Cruise Line raffle prizes are up for grabs! Pre-Sales start 15 minutes prior to game.



# OAKEN'S MAYPOLE SWIRL AND TWIRL

Hoo-Hoo! Family! Join Oaken's cousins in the Lobby Atrium for a Midsummer celebration. Take a swirl and a twirl around the maypole and learn some traditional songs and dances, yah?

## FROZEN FUN NIGHT

D Lounge, Deck 4, Midship - 10:00 pm

Join your Cruise Staff for an After Party celebrating "Freezing the Night Away".



# FAMILY SUPERSTAR KARAOKE

D Lounge, Deck 4, Midship - 10:30 pm Join your Cruise Staff and sing along to your favorite song - fun for everyone.

# NATELA UNHOBE INCORWULION

are all four automobility of all times. Avoid thort outs, narrow alless and poorly lit streets.

twood oranderius from the main diopoing and tourist areas into unfamiliar territory. If venturing out

rait in dark unlir area. When going ashore at night, please be extra



ANNA'S CHOCOLATE CHASE SCAVENGER HUNT RIDDLES

Disney Magic - 9:00 am - 11:00 pm

Clue 6 - On days when the ship is filled with cheer,

the babies can nap & play in here.
Clue 7 - If you're looking for the sauna, feeling stressed to the max, come to this place where you can totally relax.

Clue 8 - If you have a question or need some advice, these

Clue 9 - So many photos all in one place, that capture your memories and the smile on your face.

These are your final 4 Clues.

# ADULH ULLIALLY HLOOK

As a convenience for families during at 6.45 pm, our Youth Activities Counsciors will be available at 5.45 pm at the entrance of Lumiere's Carroca's and Assimator's Palate to bring registered children to join the fun in Disner-Oceaneer Chilt and Distrer's Oceaneer Lab



7:30 am - 11:00 pm

# HEFFALUMP HUNTING

Come look for Heffalumps on this fun hunt.

# DO YOU WANNA BUILD A SNOWMAN?

Help us bring one of our favorite Frozen songs to liftel Create your own personal flurry and build a snowman to keep with you throughout the cruise!



11:00 am - 12:00 am

## SUPER SLOPPY SCIENCE

Join Professor Make-O-Mess in some of the most extreme experiments you will ever see in the world of Super Sloppy Sciencel

## AROUND THE WORLD IN 7 DAYS

As budding Disney Imagineers you will be set the task of replicating world landmarks with a Disney twist.



Deck 9. Midship (7-5816) (11-14 years old)

10:00 sm - 1:00 sm

# SPORTS DECK FUN

Take over the Sports Deck with some fun and friendly competition.

### DECK PARTY

Head up to the open deck for dancing and fun with your counselors.



Deck 14, Middley (7-18817) (14-17 years old) 11

11:00 am - 1:30 am

# 4TH OF JULY ANIMATION CELLS

I carn what it takes to be a Disney Animator, then put jugar new appy to the test as lost clease from tash own assimation colf.

# DECK PARTY

Head up to the open deck for dancing and fun with your counselors.

# YOUTH ACTIVITIES OPEN HOUSE

Chair Home is an obliviousity by all to come and band days in a caused on engaging athinics and free time in the Oremeer Club Oremeer Lab, it is a small world imperty Vite and Edge throughout the cruise. During these times so used programming will will be seen. भारी के व्यक्तिकों के तरि अर्थान एकार होंगे तीनक रेडाने हुए है। जी तीन के विकास के उनके कार्य

Fige 10:00 mm - 11:00 mm A 8:00 pm - 7:00 pm The 11:00 am - 12:00 pm & 5:00 pm - 8:00 pm

Disary i Oceanics Clade 12.00 pm - 4.00 pm & 6.00 pm - 9.00 pm Disary i Oceanics Lab 11.00 pm - 12.00 pm & 4.00 pm - 6.00 pm



Today's Movies



Family Fun Movie

8:15 am Duration: 1 hr 45 mins



M DOLEY.3D

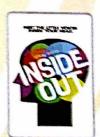
3:30 pm Duration: 1 hr 46 mins Rating: PG



10:15 am Duration: 2 hrs 27 mins Rating: PG-13



6:00 pm & 8:30 pm Duration: 1 hr 45 mins Rating: PG



1:15 pm Duration: 1 hr 42 mins Rating: PG



10:45 pm Duration: 1 hr 46 mins Rating: PG



# MORE TO ENJOY WHILE ONBOARD





**BAHAMIAN VOYAGES** 

The Bahamas are renowned for breathtaking beaches, incredible recreation and exceptional shopping experiences. Pair your tropical escape with the world-class comfort and service of a Disney cruise and make your getaway complete. Visit the Disney Vacation Planning desk, Deck 4, Midship for more information. Disney Vacation Planning tends to get busy on the last day of sailing. Don't miss the opportunity to plan your next Disney



**DISNEY VACATION CLUB** 

Visit the Disney Vacation Club information desk and ask us about show times where you will learn how to turn every vacation into the vacation of a lifetime.



PORT SHOPPING INFORMATION

Meet Michael, your Port Shopping Guide at the Port Shopping Desk, Deck 3, Midship between 7:30 pm - 8:30 pm. Find out about all the amazing shopping available to you in our ports of call this cruise. Michael will help you find that once in a life time keepsake to commemorate your cruise vacation.



20/20/20 SPECIAL

Choose any 3 of the following treatments: Mini Booster Facial, Full Body Milk Bath Wrap. Back Neck and Shoulder Massage, Back Exfoliation, Scalp Massage, Foot Massage, Foot and Ankle Massage.

60 minutes for only \$118

Senses Spa & Salon, Deck 9, Forward, Extension 7-1465



From knitted sweaters and hats to Trolls, find souvenirs of Norway for the whole family when you visit Sea Treasures

> SEA TREASURES **DECK 3, FORWARD**



Tonight is your last chance to have portraits of family and friends taken by your professional photographers. Portraits will be available in the Lobby Atrium, Deck 3 Midship from 5:15 pm - 6:15 pm, 7:15 pm - 8:30 pm and 9:30 pm - 10:15 pm

# Connect @ Sea

We are now offering a NEW and improved Internet service to stay connected on your cruise like no other in the industry! Internet packages range from \$0.25 per MB - \$99.00 (1000 MB package). For more information contact your Connect@Sea Expert or Guest Services onboard. Possible service interruptions due to area configuration.

#### **CURRENCY EXCHANGE**

Credit/debit cards are widely accepted & preferred in European ports of call, however, Norwegian Krone & Euros will also be available for exchange at Guest Services, Deck 3, Midship. Please check with Guest Services for further information.

### TAXI SERVICES IN COPENHAGEN

Kindly note that due to the EID celebration next week and with another ship in port, there will VERY limited taxis available on July 6th in Copenhagen. We highly recommend to book your bus transfer to the airport at the Guest Services Desk, Deck 3, Midship, by 12:00 pm today.



Adventure awaits! Our Port Adventures take you to explore the city is famous for its charm and atmosphere including its exciting mixture of old and new architecture. Bergen is surrounded by one of the world's most spectacular sights - the Norwegian Fjords, which are included on UNESCO's World Heritage List. There is limited availability left, so stop by the

Port Adventures Desk, Deck 3, Midship to secure your space!

# PHIDDDING

SOPHIA FIORI GUESS THE CARAT WEIGHT

Whoever guesses closest wins a Sophia Fiori fine jewelry piece! Winners announced tonight at 7:30 pm. Must be present to win. White Caps, Deck 4, Forward.

#### VINYLMATION™

Add to your collection of Vinylmation™ today! Visit Mickey's Mainsail, Deck 4, Forward.

# HELLY HANSEN AND DALE OF NORWAY

Find contemporary styled jackets, sweaters and more from Helly Hansen and Dale of Norway at White Caps. Deck 4, Forward.

# TRAVEL COLLECTION

Find the perfect souvenir that pays homage to Walt's love of sailing with the Disney Cruise Line Travel Collection. White Caps, Deck 4, Forward.

ALICE THROUGH THE LOOKING GLASS MERCHANDISE You don't have to go down the rabbit hole to find new Alice Through the Looking Glass merchandise. Look no further than Mickey's Mainsail, Deck 4,

THOMAS KINKADE: HIDDEN CHARACTER CHALLENGE!
Known as the "Painter of Light," Thomas Kinkade is one of Disney's most
celebrated arrives beginn a control of the control of t celebrated artists having created an array of enchanting artwork. Stop by the Vista Gallery today to view his unique collection of paintings featuring some of your favorite Disney characters! Also, take the time to try and find all of the hidden Disney characters scattered throughout his paintings. Are you up to the challenge? Deck 4, Midship.

Due to port regulations, when the ship is docked, the stores will remain closed.

## IMPORTANT INFORMATION

Security Nestice
All Cuests (architers Children) who wish to disembate
or explained the days are bequired to present their Key to
the World cord in the gangering. A prospert is also tenjued
for all Cuests wishing to go school Cuests under the
age of B are required to have a present guardian to take
the explaints which sign in methodization form in the Cuests
Service Dock of their wish to go advoor insuccompanied to
with my while from method statement.

Insect Repellent Advisory
Protei against mosquite bites and related illnesses
when going ashore Insect repellent is available for
purchase in White Caps. When using both sunsacreen
and insect repellent, use sometreen first and apply insect
repellent on top of sunsacreen.

### Cold and Flu Reminder

Please wash hands frequently and thoroughly, particularly before meals. Contact the Health Center by dialing 7-1923, should anyone in your

Inclement Weather For the safety of all Guests, outdoor events may be changed due to unforeseen weather conditions.

Corridor Quiet Hours
As a courtesy to all our Guests, please recognize
quiet hallway hours from 10:00 p.m. til 8:00 a.m.

Environmental Message With Disney's commitment to the Environmen please refrain from throwing anything over the Ship's side. Thank you.

No Reserved Seats Policy As a courtesy to all Guests we kindly advise that the saving of sears is not permitted in the Walt Disney Theatre, and the saving of the sun loungers is not permitted on Deck 9 and 10. Items left unattended will be returned to lost and found at Guest Services, Deck 3, Midship.

Smoking
For the confort of our guests, the following areas
are designated as smoking areas:
Deck 9 Forward, Port Sale
Deck 4, Sarrboard Sale from 6:00 p.m. to 6:00 a.m.

only (all of Deck 4 is non-smoking from 6:00 a.m. to 6:00 p.m.)

to 6:00 p.m.) Smoking is prohibited inside all guest staterooms and on stateroom verandals. Guests found smoking in their staterooms or on their verandals will be charged a \$250 stateroom recovery fee.

# Walt Disney Theatre

Bentical performances may use artificial fig. strobe lights, pyrotechnics and other special criests. For the safety of our performers and the construction of those around you, the use of any photography of video recording device or any electronic equipment is rechibiosed.

#### Verandah Safety

Please do not leave my combustible married on your balcony when not present in your statement for safety reasons.

# MONDAY, JULY 4, 2016 - BERGEN, NORWAY













Duration:

Family Fun Movie

10:15 am 8:15 am Rating: PG Rating:

1:15 pm

3:30 pm Duration: Duration: Duration: 1 hr 45 mins 2 hrs 27 mins 1 hr 42 mins 1 hr 46 mins Duration: 1 hr 46 mins Rating: PG Rating: PG 1 hr 45 mins Rating: PG

6:00 pm & 10:45 pm 8:30 pm Rating: PG

# SHIP DIRECTORY

VOUTH ACTIVITIES DECK 5, MID 7:30 AM - 11:00 PM DISNEY'S OCEANEER CLUB 11:00 AM - 12:00 AM DISNEY'S OCEANEER LAB DECK 5, MID DECK 9, MID 10:00 AM - 1:00 AM DECK 5, AFT 7:30 AM - 11:00 PM IT'S A SMALL WORLD NURSERY DECK 10, MID 11:00 AM - 1:30 AM

#### POOLS

\*Children under 12 years of age must have adult supervision in all pools.

AquaDunk	DECK 10, MID	2:00 PM -	7;00 PM
AQUALAB	DECK 9, AFT	1:00 PM -	8:00 PM
GOOFY'S POOL	DECK 9, MID	12:00 PM -	6:00 PM
NEPHEWS' SPLASH ZONE	DECK 9, AFT	12:00 PM -	6:00 PM
QUIET COVE POOL (18+)	DECK 9, FWD	8:00 AM -	11:00 PM
Twist 'n' Spout	DECK 9, AFT	2:00 PM -	8:00 PM

Please note, "selfie sticks" are not permitted in the pools or on the slides

Complimentary pool vests are available for children to use in the pools onboard. They are located on the pool deck.

#### **AECREATION**

PORT ADVENTURES DESK	DECK 3, MID	7:00 AM -	9:30 AM
SENSES FITNESS CENTER (18+)	DECK 9, FWD	6:00 AM -	10:00 PM
WIDE WORLD OF SPORTS DECK			24 Hours

#### CENEDAL INCODMUTION

/til-	FRHC III+ORIIIHIIOII	
BUENA VISTA THEATRE	DECK 5, AFT	SHOWTIMES
CONNECT@SEA DESK	DECK 3, AFT	8:00 AM - 10:00 AM
CONNECT@GEA DEGA	200	4:00 PM - 6:00 PM
		7:00 PM - 10:00 PM
DISNEY VACATION CLUB DESK	DECK 4, MID	5:30 рм - 10:00 рм
DISNEY VACATION PLANNING DESK		8:00 AM - 9:00 AM
DISNET VACATION I BUILTING DECI.		4:00 PM - 10:00 PM
FUNNEL VISION	DECK 9, MID	SHOWTIMES
GUEST SERVICES	DECK 3, MID	24 Hours
HAIR BRAIDING	DECK 9, MID	
MEDICAL HEALTH CENTER	DECK 1, FWD	9:30 AM - 11:00 AM
MEDICAL HEALTH CENTER		4:30 PM - 7:00 PM
D CHARRIS DESK	DECK 3, MID	7:30 рм - 8:30 рм
PORT SHOPPING DESK	DECK 4, FWD	5:30 PM - 9:00 PM
PRELUDES	DECK 9, FWD	8:00 AM - 10:00 PM
SENSES SPA AND SALON	DECK 4, AFT	5:30 PM - 11:00 PM
SHUTTERS PHOTO GALLERY WALT DISNEY THEATRE	DECK 4, FWD	SHOWTIMES
TYALI DIGITE! THE		

#### CHUDDING

	morring	3 → 3 × 5 × 5 × 5 × 5 × 5 × 5 × 5 × 5 × 5 ×
- D-VEIGUE	DECK 10, FWD	12:00 PM - 10:00 PM
Віввірі Воввірі Воцтідиє	DECK 4, FWD	5:30 PM - 12:00 AM
MICKEY'S MAINSAIL	DECK 4, MID	
QUACKS		5:30 PM - 12:00 AM
SEA TREASURES	DECK 3, FWD	5:30 PM - 11:00 PM
VISTA GALLERY	DECK 4, MID	5:30 PM - 12:00 AM
WHITE CAPS	DECK 4, FWD	3.30 FM
VVHITE CATE		

# Character Appearances DONALD DUCK

Preludes

5:15 pm & 10:30 pm

AND FRIENDS!

FREEZING THE NIGHT

AWAY WITH ANNA, ELSA

Lobby Atrium (P) - 7:45 pm

MINNIE MOUSE Lobby Atrium (P) 4:30 pm & 10:00 pm

**PLUTO** DK4 Mid (S) 4:30 pm & 10:00 pm

CHIP & DALE Preludes 4:45 pm & 10:00 pm

MICKEY MOUSE Lobby Atrium (P) 5:00 pm & 10:30 pm

GOOFY DK4 Mid (S) 5:00 pm & 10:30 pm

(P) - Portside, (S) - Starboard Side Don't forget your Camera to capture those Magical Moments! Check here each day for Character appearances.

For detailed Character appearance information see the Character Information Board in the Lobby Atrium. Meet-and-Greets will be advertised for the length of time the line will be open. To avoid disappointment, please meet at start time of appearances.

IMPORTANT NUMBERS

Fire/Security: Medical EMERGENCY: Health Center:

7-3000 7-1923 Assentator's Palate: Fourthing The Night Away Carine is Freezing The Night Away iend's Freezing The Night Awa **Evening Attire: Cruise Casual** 

### **DINING & LOUNGES**

6:45 AM -	11:00 AM
6:15 AM -	8:45 AM
7:30 AM -	9:00 AM
	6:15 AM -

Cabanas	DECK 9, AFT	11:45 AM -	2:00 PM
DAISY'S DE LITES	DECK 9, AFT	11:00 AM -	6:00 PM
LUMIÉRE'S (Á-LA CARTE)	DECK 3, MID	12:00 PM -	1:30 PM
PETE'S BOILER BITES	DECK 9, AFT	11:00 AM -	6:00 PM
PINOCCHIO'S PIZZERIA	DECK 9, MID	11:00 AM -	6:00 PM

	DINNER		
ANIMATOR'S PALATE	DECK 4, AFT	6:00 PM &	8:30 PM
CABANAS TABLE SERVICE	DECK 9, AFT	6:30 PM -	8:30 PM
CARIOCA'S	DECK 3, AFT	6:00 PM &	8:30 PM
Lumiére's	DECK 3. MID	6:00 PM &	8:30 PM
PALO (18+) (FOR RESERVATIONS CALL 7-884	DECK 10, AFT	6:00 PM -	8:30 PM
PETE'S BOILER BITES	DECK 9, AFT	6:00 PM -	10:00 PM

	THIF LIGHT JUHCK)		
O'GILLS PUB (18+)	DECK 3, FWD	10:45 PM -	11:45 PM
PINOCCHIO'S PIZZERIA	DECK 9, MID	7:00 PM -	12:00 AM
PROMENADE LOUNGE	DECK 3, AFT	10:45 PM -	11:45 PM

	HDDFD TFHINKF?		
EYE SCREAM	DECK 9, AFT	11:00 AM -	11:00 PM
BEVERAGE STATION	DECK 9, AFT		24 Hours
ROOM SERVICE	DIAL 7-4330		24 Hours

# ENTERTAINMENT - LOUNGES - BARS

AFTER HOURS	DECK 3, FWD	(AFTER 9:00 PM	ADULTS ONLY)
COVE CAFE (18+)	DECK 9, MID	6:30 AM -	12:00 AM
D Lounge	DECK 4, MID		SHOWTIMES
FATHOMS (18+)	DECK 3, FWD	7:00 PM -	2:00 AM
FROZONE TREATS	DECK 9, AFT	2:00 PM -	6:00 PM
Keys (18+)	DECK 3, FWD	6:00 PM -	12:30 AM
O'GILLS PUB (18+)	DECK 3, FWD	4:00 PM -	12:30 AM
PRELUDES	DECK 4, FWD	5:30 PM -	9:00 PM
PROMENADE LOUNGE	DECK 3, AFT	8:00 AM -	12:00 AM
PINOCCHIO'S PIZZERIA	DECK 9, MID	10:30 AM -	12:00 AM
Signals (18+)	DECK 9, FWD	12:00 PM -	8:00 PM

Public Health Advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk for foodborne illness, especially if you have certain medical condition,

## All Ashore: Approx. 8:00 am All Aboard: 5:15 pm

Director Ship Agency Capt. Morten Kinn, European Cruise Service AS Strandgaten 197, P.O Box 1926, 5817 Bergen, Norway T: +47 5590 0780; Mobile: +47 9826 8285

Ship's Agent In Bergen