RACE ETIQUETTE
The race staff would like to thank you in advance for considering these etiquette tips as you enjoy the events.
• Please pay attention to pre-race instructions – both print and verbal. What you read and hear will not only help guide you through the course but will also keep you safe.
• Wear your race bib on the front of your shirt and SMILE! Photographers will be taking pictures of you throughout the race.
• Please enter your correct start corral. This will ensure that you are running with people who have a similar pace.
• Run or walk no more than two abreast. Other runners will want to get by you. If you are walking in a group, please start in the last corral.
• If you want to run with a friend and they are in a different corral, the faster of the two can move back to the slower corral.
• If you are stopping at a water station, move all the way over to the table. Grab water and move away from the table so that others may get water, too.
• Move to the side if someone behind you says “Excuse Me” or “Coming Through”.
• Travel light to make way for others.
• Feed free to shout words of encouragement to other runners. You will hear words of encouragement in return.
• When you are approaching the finish line, you may see loved ones cheering you on. Please do not encourage anyone to join you in the finish line stretch. Your support team is very important, but please communicate that the race course and finish area is for registered participants and staff only.
• Enjoy the post-race refreshments, but remember that others will want to enjoy the goodies too.
• Celebrate! Have a great race!

EVENT CALENDAR

Florida
Disney Wine & Dine Half Marathon Weekend
November 6-7, 2015
Registration opens March 17, 2015
Walt Disney World® Marathon Weekend
presented by Cigna
January 6-10, 2016
Registration opens April 28, 2015
Disney Princess Half Marathon Weekend
presented by Children’s Miracle Network Hospitals
February 18-21, 2016
Registration opens July 14, 2015

California
Disneyland® Half Marathon Weekend
September 3-6, 2015
Registration opens February 16, 2015
Avengers Super Heroes Half Marathon Weekend
November 12-15, 2015
Registration opens April 7, 2015
Star Wars™ Half Marathon Weekend
January 14-17, 2016
Registration opens June 16, 2015
Tinker Bell Half Marathon Weekend
presented by PANDORA Jewelry
May 5-8, 2016
Registration opens August 15, 2015

PACKET PICK-UP SCHEDULE

runDisney Health & Fitness Expo
Wednesday, January 7, 10:00 a.m. - 8:00 p.m.
Thursday, January 8, 9:00 a.m. - 7:00 p.m.
Friday, January 9, 9:00 a.m. - 7:00 p.m.
Saturday, January 10, 10:00 a.m. - 4:00 p.m.
Location: ESPN Wide World of Sports Complex

CRUISE SCHEDULE

Monday, January 12
• runDisney Office Hours, Wonder Conference Room, Deck 5, Midship, 12:00 p.m. - 3:00 p.m.

Tuesday, January 13
• Castaway Cay Challenge Speaker Panel, Buena Vista Theatre, Deck 4, Midship, 4:00 p.m. - 5:00 p.m.
• runDisney Office Hours, Wonder Conference Room, Deck 5, Midship, 4:00 p.m. - 6:00 p.m.

Wednesday, January 14
• Castaway Cay Challenge Runners & Spectators Meet, Walt Disney Theatre, Deck 3, Forward, 5:45 a.m.
• Castaway Cay Challenge Race Start, 7:00 a.m.
• Castaway Cay Island Open, 8:30 a.m.

Thursday, January 15
• runDisney Office Hours, Wonder Conference Room, Deck 5, Midship, 10:00 a.m. - 12:00 p.m.

RACE DAY SCHEDULE & REMINDERS

RACE START
The race will start promptly at 7:00 a.m. on January 14th on the Castaway Cay airstrip. All participants and spectators must meet in the Walt Disney Theatre on Deck 3, Forward, by 5:45 a.m. Runners will sit with their pre-assigned corral and will disembark the ship according to their corral. Runners will be on shuttle prior to 8:30 a.m. will be directed back to the ship after they receive their medal and post-race refreshments. All guests will be able to go ashore for the day at 8:30 a.m.

SPECTATOR VIEWING
Spectators are encouraged to view the 5K start/finish on the Castaway Cay airstrip. There will be no viewing areas along the course. Spectators must meet at the Walt Disney Theatre on Deck 3, Forward, by 5:45 a.m. and must disembark the ship with their runners. There will be no late spectator walk out. Should you wish to allow your minor children (under the age of 18) to go ashore unaccompanied or go ashore accompanied by other adults not traveling in your child's stateroom, please visit Guest Services located on Deck 3, Midship, to sign a Parental Authorization Form.

For those runners requiring Youth Activities check-in during the race, please notify the Youth Activities team during your children's registration onboard.
**WAVE STARTS AND CORRALS**

There will be Wave Starts for this 5K. Corral assignments will be printed on your race bib. Please sit with your assigned corral in the Walt Disney Theatre on race morning. Verbal instructions will be given on race morning and runners will disembark the ship with their corral. Signs will be placed at the opening of each corral for identification. Please line up in the corral that matches the letter on your race bib. Each runner will be issued a race bib at Packet Pick-Up. Please wear your assigned race bib centered on the front of your shirt. It is your responsibility to wear the bib number during the race. Participants without a race bib will be removed from the course for security and safety reasons. Please remember to fill out the Emergency Medical Information on the back of the race bib. Safety pins for your race bib will be in the gEAR bag.

**RACE BIBS**

Each runner will be issued a race bib at Packet Pick-Up. Please wear your assigned race bib centered on the front of your shirt. It is your responsibility to wear the bib number during the race. Participants without a race bib will be removed from the course for security and safety reasons. Please remember to fill out the Emergency Medical Information on the back of the race bib. Safety pins for your race bib will be in the gEAR bag.

**BAG CHECK**

The only items you will need to bring for the race are your Key to the World Card, a photo ID and your race bib. Please consider not bringing a gEAR bag. The Event Staff is not responsible for any lost, damaged, or stolen items. Do not leave any belongings unattended.

Bag Check will be available when you disembark the ship and will be open from 6:00 a.m. to 6:30 a.m. Bags will be available for pick up near the finish line. Any bags not picked up by 8:30 a.m. will be taken to the Guest Services Deck on Deck 3, Midship.

**SAFETY REMINDERS**

For everyone’s safety, baby joggers, strollers, baby carriers, baby backpacks, skates, scooters, bicycles, skateboarders, canes, crutches, walkers, walking sticks and animals of any kind are prohibited from the course. Violators will be removed from the course and transported to the finish line area. All participants should be able to complete the race under their own power.

**COSTUMES**

Disney reserves the right to deny admission to or remove any person wearing attire that we consider inappropriate or attire that could detract from the experience of other Guests. All participants and their Guests may dress as their favorite character, but must follow these guidelines as determined solely by Disney.

- Costumes must be family-friendly and may not be obstructive, offensive, objectionable or violent
- Guests may not wear masks of any kind
- Guests who dress like Characters may not pose for pictures or sign autographs for other Guests
- Costumes may not drag on the ground
- Costumes may not contain sharp objects, pointed objects or materials that may accidentally strike another Guest
- Costumes may not contain any weapons which resemble or could easily be mistaken for an actual weapon
- Guests who do not adhere to these guidelines may be refused entry into, and/or removed from, a race or any race related event/activity unless his or her costume can be modified to meet the above standards

**CASTAWAY CAY CHALLENGE SPEAKER PANEL**

Whether you’re running or cheering, our panel of experts will tell you everything you need to know about the Castaway Cay Challenge. We’ve lined up Runner’s World editor Elizabeth Comeau, runDisney nutritionist Tara Gidus, along with course and spectator experts to share all the important details. They’ll also take some time to answer questions from the crowd in an interactive Q&A session.

**REMINDERS**

- Exclusive Castaway Cay Challenge merchandise will be available in Sea Treasures located on Deck 3, Forward.
- Be sure to download the latest version of the Disney CruiseLine Navigator App prior to sailing.

**PHOTOGRAPHERS**

Photographers will be on the course and at the finish line taking pictures of you during the race. Please wear your bib number on the front of your shirt. Photographers will be on the course and at the finish line taking pictures of you during the race. Please wear your bib number on the front of your shirt. Photographers will be on the course and at the finish line taking pictures of you during the race. Please wear your bib number on the front of your shirt. Photographers will be on the course and at the finish line taking pictures of you during the race. Please wear your bib number on the front of your shirt.

**WEATHER**

The race will be held rain or shine. If there is lightning in the area the race will either have a delayed start or, depending on the intensity of the weather, be canceled. The determination will be made by the Event Management staff. As a reminder, the registration fees are non-refundable and non-transferable.

**WATER AND MEDICAL STOPS**

There will be one water stop along the course and dance music to keep participants going. Medical personnel on bikes will ride along with you.

**MAP LEGEND**

- Start/Finish
- Path/Direction
- Mile Marker
- Water Station
- Observation Tower
- Tram Stop
- Serenity Bay