that others will want to enjoy the goodies too.

... staff only.

... please communicate that the race course and stretch. Your support team is very important, but encourage anyone to join you in the finish line to see loved ones cheering you on. Please do not see other runners. You will hear words of encouragement in return.

... “Excuse Me” or “Coming Through”.

... from the table so that others may get water, too.

... back to the slower corral.

... different corral, the faster of the two can move in a group, please start in the last corral.

... runners will want to get by you. If you are walking a similar pace.

... ensure that you are running with people who have the same pace.

... SMILE! Photographers will be taking pictures of you throughout the race.

... not only help guide you through the course but also keep you safe.

... for considering these etiquette tips as you enjoy the events.

... presented by Children’s Miracle Network Hospitals

FLORIDA

Disney Princess Half Marathon Weekend presented by Children’s Miracle Network Hospitals February 19-21, 2016

Star Wars® Half Marathon - The Dark Side April 14, 2016

Disney Wine & Dine Half Marathon Weekend November 4-6, 2016

Walt Disney World® Marathon Weekend presented by Cigna January 4-8, 2017

CALIFORNIA

Star Wars® Half Marathon Weekend January 18-21, 2016

Tinker Bell Half Marathon Weekend presented by PANDORA Jewelry April 10, 2016

Disneyland Half Marathon Weekend presented by Cigna September 1, 2016


PARIS


EVENT CALENDAR

PACKET PICK-UP SCHEDULE

runDisney Health & Fitness Expo Wednesday, January 6, 10:00 a.m. - 8:00 p.m.

... Thursday, January 7, 9:00 a.m. - 7:00 p.m.

... Friday, January 6, 9:00 a.m. - 7:00 p.m.

... Saturday, January 5, 10:00 a.m. - 4:00 p.m.

... Location: ESPN Wide World of Sports Complex

CRUISE SCHEDULE

Monday, January 11

• runDisney Help Desk Hours, Vista Café, Deck 4 Midship, 11:30 a.m. - 3:00 p.m.

Tuesday, January 12

• Castaway Cay Challenge Race Start, 7:00 a.m.

... Castaway Cay Challenge Speaker Panel, Buena Vista Theatre, Deck 4, Midship, 9:00 a.m. - 10:30 a.m.

... runDisney Help Desk Hours, Vista Café, Deck 4 Midship, 4:00 p.m. - 6:00 p.m.

Wednesday, January 13

• Castaway Cay Challenge Runners & Spectators Meet, Walt Disney Theatre, Deck 3, Forward, 3:45 p.m. - 4:45 p.m.

... Castaway Cay Challenge Race Start, 7:00 a.m.

... Castaway Cay Island Open, 8:30 a.m.

Thursday, January 14

• runDisney Help Desk Hours, Vista Café, Deck 4, Midship, 10:00 a.m. - 12:00 p.m.

PACKET PICK-UP AND WAIVERS

All Castaway Cay Challenge participants are required to attend Packet Pick-Up at ESPN Wide World of Sports Complex in order to receive your race bib, bag check sticker, GEAR bag, and race shirt.

Packet Pick-Up will not be available on race morning. A waiver must be completed and signed by each participant. You need your signed waiver and a Photo ID in order to receive your packet. If the participant is under 18 years old, the waiver must be completed and signed by a parent or legal guardian. A link to the waiver will be available at runDisney.com. If you do not have access to the internet or lose your waiver, onsite waiver printing will be available. You must pick up your own participant packet (which includes your event-issued bib number) during regularly scheduled expo hours at ESPN Wide World of Sports Complex. If you have any questions about your registration or the race while on board the ship, runDisney staff will be available during designated help desk hours in the Vista Café located on Deck 4, Midship.

RACE DAY SCHEDULE & REMINDERS

... Race start will promptly at 7:00 a.m. on January 13th on the Castaway Cay airstrip. All participants and spectators must meet in the Walt Disney Theatre on Deck 3, Forward, by 5:45 a.m. Runners will sit with their pre-assigned corals and will disembark the ship according to their coral. Runners who finish prior to 8:30 a.m. will be directed back to the ship after they receive their medal and post-race refreshments. All guests will be able to go ashore for the day at 8:30 a.m.

SPECTATOR VIEWING

Spectators are encouraged to view the 5K start/finish on the Castaway Cay airstrip. There will be no viewing areas along the course. Spectators must meet at the Walt Disney Theatre on Deck 3, Forward, by 5:45 a.m. and must disembark the ship with their runners. There will be no late spectator walk out. Should you wish to allow your minor children (under the age of 18) to go ashore unaccompanied or go ashore accompanied by other adults not traveling in your child’s stateroom, please visit Guest Services located on Deck 3, Midship, to sign a Parental Authorization Form.

For those runners requiring Youth Activities check-in during the race, please notify the Youth Activities team during your children’s registration onboard.
and Castaway Cay Challenge medal. Please note that no race results will be posted and awards will not be given out. Every finisher will receive a Castaway Cay finisher medal and Castaway Cay Challenge medal. Please note that there is a 16-minute per mile time limit. Anyone not able to maintain that pace may be picked up and transported to the finish line area.

**WAVE STARTS AND CORRALS**

There will be Wave Starts for this 5K. Corral assignments will be printed on your race bib. Please sit with your assigned corral in the Walt Disney Theatre on race morning. Verbal instructions will be given on race morning and runners will disembark the ship with their corral. Signs will be placed at the opening of each corral for identification. Please line up in the corral that matches the letter on your race bib. Each runner will be assigned a corral number and will be able to maintain that pace. Participants without a race bib will be removed from the course for security and safety reasons. Please remember to fill out the Emergency Medical Information on the back of the race bib. Safety pins for your race bib will be in the gEAR bag. The only items you will need to bring for the race are your Key to the World Card, a photo ID and your race bib. Please consider not bringing a gEAR bag to check on race day. All items will be inspected. Disney reserves the right to deny admission to or remove any person wearing attire that we consider inappropriate or attire that could detract from the experience of other Guests. All participants and their Guests may dress as their favorite character, but must follow these guidelines as determined solely by Disney:

- Costumes must be family-friendly and may not be obstructive, offensive, objectionable or violent
- Guests may not wear masks of any kind
- Guests may not wear weapons which resemble or could easily be mistaken for an actual weapon.

These rules are to ensure the comfort and safety of all Guests. All participants and their Guests will give the Event Staff permission to take photographs and videos of you during the race. Photographers will be on the course and at the finish line taking pictures of you during the race. Please wear your assigned race bib centered on the front of your shirt. It is your responsibility to view your race photos. Whether you’re running or cheering, our panel of experts will tell you everything you need to know about the Castaway Cay Challenge. We’ve lined up the official runDisney Training Consultant, Jeff Galloway, along with course and spectator experts to share all the important details. They’ll also take some time to answer questions from the crowd in an interactive Q&A session.

**CASTAWAY CAY CHALLENGE SPEAKER PANEL**

Whether you’re running or cheering, our panel of experts will tell you everything you need to know about the Castaway Cay Challenge. We’ve lined up the official runDisney Training Consultant, Jeff Galloway, along with course and spectator experts to share all the important details. They’ll also take some time to answer questions from the crowd in an interactive Q&A session.

**REMINDERS**

- Exclusive Castaway Cay Challenge merchandise will be available in Sea Treasures located on Deck 4, Forward.
- Be sure to download the latest version of the Disney Cruise Line Navigator App prior to sailing.

**COURSE DESCRIPTION**

Starting and finishing on the Castaway Cay airstrip, participants will enjoy a fun 5K that takes you next to sandy white beaches, past swaying palms and sparkling turquoise lagoons, with magical Disney moments to surprise you along the way.

**WATER AND MEDICAL STOPS**

There will be one water stop along the course and medical personnel on bikes will ride along with you. There will be a medical tent at the finish line.

**CASTAWAY CAY CHALLENGE MEETING**

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